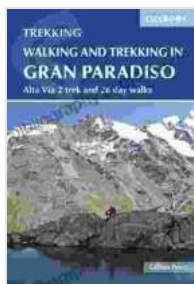


# Alta Via Trek And 28 Day Walks Cicerone Walking And Trekking

## Explore the Enchanting Dolomites on Foot

Prepare to be captivated as you embark on the Alta Via Trek, an iconic long-distance hiking trail that traverses the heart of the majestic Dolomites. This challenging yet rewarding journey offers breathtaking panoramas, pristine alpine lakes, and a true immersion in nature's grandeur.



## Walking and Trekking in the Gran Paradiso: Alta Via 2 trek and 28 day walks (Cicerone Walking and Trekking)

by Gillian Price

★★★★☆ 4.9 out of 5

Language : English

File size : 19600 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting : Enabled

Word Wise : Enabled

Print length : 225 pages



With the invaluable guidance of Cicerone's "Alta Via Trek And 28 Day Walks," you'll have everything you need to plan and execute an unforgettable trekking adventure. This comprehensive guidebook provides:

- Detailed route descriptions, including distances, elevation gain, and estimated walking times

- Informative maps and profiles to help you visualize the terrain and plan your itinerary
- Essential information on mountain huts (Rifugios) and other accommodation options along the trail
- Insider tips on the best time to go, what to pack, and how to prepare for the challenges of the trek
- Alternative day walks and side trips to enhance your experience and explore the surrounding region

## **28-Day Walking Adventure**

If you seek a more immersive experience, the guidebook also includes detailed itineraries for a 28-day walking adventure. This extended journey allows you to savor the beauty of the Dolomites at a leisurely pace, discovering hidden gems and immersing yourself in the local culture.

Whether you're an experienced trekker or a first-timer, "Alta Via Trek And 28 Day Walks" will empower you with the knowledge and confidence to navigate this extraordinary trek safely and enjoyably.

## **Unveiling the Dolomites' Wonders**

The Alta Via Trek traverses some of the most stunning landscapes in the Dolomites, a UNESCO World Heritage Site renowned for its jagged peaks, turquoise lakes, and lush meadows.

As you follow the trail, you'll encounter:

- The iconic Tre Cime di Lavaredo, towering over crystal-clear Lake Misurina

- The emerald-green waters of Lake Braies, nestled amidst towering cliffs
- The awe-inspiring Marmolada Glacier, the largest glacier in the Dolomites
- The rustic charm of mountain huts, where you'll share meals and stories with fellow trekkers
- Panoramic views that will forever etch themselves in your memory

## **A Journey of Discovery**

The Alta Via Trek is more than just a physical challenge; it's an opportunity for self-discovery, rejuvenation, and connection with nature.

As you negotiate the rugged terrain, you'll learn about the region's rich geology, history, and culture. You'll encounter friendly locals, sample traditional cuisine, and gain a deep appreciation for the fragile beauty of the Dolomites.

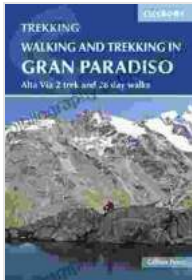
## **Plan Your Adventure Today**

Don't miss out on this extraordinary adventure! Free Download your copy of "Alta Via Trek And 28 Day Walks" today and start planning the trek of a lifetime. Let Cicerone guide you through the Dolomites, ensuring an unforgettable experience that will create lasting memories.

Embark on the Alta Via Trek and discover the transformative power of hiking in one of the most breathtaking mountain ranges on Earth.

## **Additional Resources:**

- Cicerone: Alta Via Trek And 28 Day Walks
- Dolomiti UNESCO World Heritage
- Lonely Planet: Dolomites Travel Guide

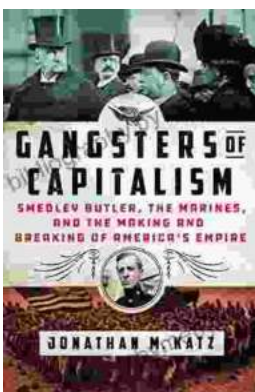


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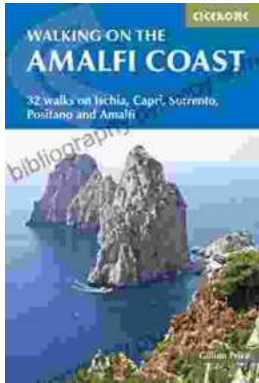
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