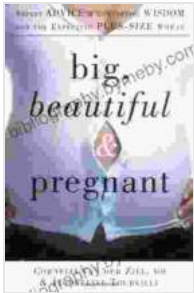


Big, Beautiful, and Pregnant: A Comprehensive Guide to Pregnancy for Plus-Size Women



Big, Beautiful, and Pregnant: Expert Advice and Comforting Wisdom for the Expecting Plus-Size

Woman by Jacqueline Tourville

★★★★☆ 4.1 out of 5

Language : English

File size : 3489 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Word Wise : Enabled

Print length : 286 pages



By Dr. Crystal Karges

Pregnancy is a beautiful and amazing experience, but it can also be daunting for plus-size women. There is a lot of misinformation and stigma surrounding plus-size pregnancy, which can make it difficult to find accurate information and support.

Big, Beautiful, and Pregnant is the first and only comprehensive guide to pregnancy for plus-size women. Written by Dr. Crystal Karges, a plus-size OBGYN, this book provides essential information on every aspect of pregnancy, from preconception to postpartum care.

In this book, you will learn about:

- The unique challenges and risks of plus-size pregnancy
- How to prepare for a healthy pregnancy
- What to expect during each trimester
- How to manage common pregnancy complications
- Labor and delivery for plus-size women
- Postpartum care and recovery

Big, Beautiful, and Pregnant is an essential resource for plus-size women who are planning a pregnancy or who are already pregnant. This book will provide you with the information and support you need to have a healthy and successful pregnancy.

About the Author

Dr. Crystal Karges is a board-certified OBGYN and the founder of the Center for Weight Loss Surgery at Mercy Medical Center in Baltimore, Maryland. She is a leading expert on plus-size pregnancy and has helped thousands of women have healthy pregnancies.

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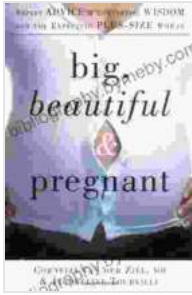
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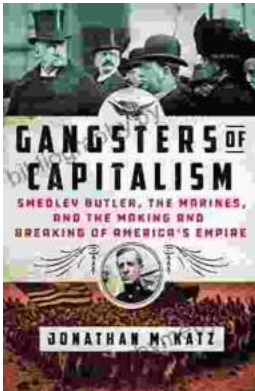
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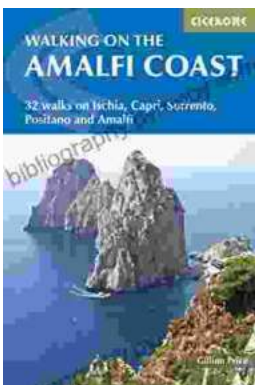


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