

Changing Birth On Earth: A Revolutionary Approach to Childbirth

Birth is a transformative experience that has the power to shape our lives and the lives of our children. For centuries, the medical model of childbirth has dominated our thinking about how birth should happen. This model emphasizes the need for medical intervention and control, and it has led to a dramatic increase in the rates of cesarean section, induction, and other interventions.



Changing Birth on Earth: A midwife and nurse's guide to using physiology to avoid another unnecessary cesarean by Gail Tully

★★★★☆ 4.8 out of 5

Language : English
File size : 8690 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
X-Ray : Enabled
Word Wise : Enabled
Print length : 424 pages
Lending : Enabled



In recent years, there has been a growing movement towards more natural and less interventionist approaches to childbirth. This movement is based on the belief that birth is a normal physiological process that should be allowed to happen naturally whenever possible.

Changing Birth On Earth is a groundbreaking book that challenges the current medical model of childbirth and offers a transformative vision for the future of birth. This book is a must-read for anyone who is pregnant, planning to become pregnant, or involved in the birth process.

The Medical Model of Childbirth

The medical model of childbirth is based on the belief that birth is a medical event that requires close supervision and intervention. This model emphasizes the need for pain relief, episiotomies, and other interventions in Free Download to ensure the safety of the mother and baby.

The medical model of childbirth has led to a number of problems, including:

- * A dramatic increase in the rates of cesarean section, induction, and other interventions.
- * A decrease in the satisfaction of mothers with their birth experiences.
- * An increase in the risks of maternal and infant complications.

The Natural Approach to Childbirth

The natural approach to childbirth is based on the belief that birth is a normal physiological process that should be allowed to happen naturally whenever possible. This approach emphasizes the importance of informed consent, choice, and a supportive environment.

The natural approach to childbirth has been shown to have a number of benefits, including:

- * A lower risk of cesarean section, induction, and other interventions.
- * A higher satisfaction of mothers with their birth experiences.
- * A lower risk of

maternal and infant complications.

Changing Birth On Earth

Changing Birth On Earth is a comprehensive guide to the natural approach to childbirth. This book covers everything from the basics of labor and delivery to the role of the doula and midwife.

Changing Birth On Earth is a powerful and inspiring book that will change the way you think about birth. This book is a must-read for anyone who is pregnant, planning to become pregnant, or involved in the birth process.



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