

Fifteen Writers Break The Silence: A Powerful Anthology of Personal Narratives on Trauma and Healing

Fifteen Writers Break The Silence is a powerful and moving anthology of personal narratives that explore the complexities of trauma and the transformative journey of healing. Featuring diverse voices from a range of backgrounds, this collection offers a compassionate and honest portrayal of the struggles and triumphs of individuals who have faced adversity.



What My Mother and I Don't Talk About: Fifteen Writers Break the Silence by Michele Filgate

★★★★☆ 4.5 out of 5

Language	: English
File size	: 1957 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
X-Ray	: Enabled
Word Wise	: Enabled
Print length	: 289 pages



Trauma can take many forms, from physical and emotional abuse to neglect, abandonment, and violence. The impact of trauma can be devastating, leaving survivors with a range of psychological and physical health problems. In Fifteen Writers Break The Silence, we hear from individuals who have experienced all types of trauma, and we witness the profound impact it has had on their lives.

But this book is not just about the darkness of trauma. It is also about the resilience of the human spirit. The writers in this anthology have not only survived their experiences, but they have also found ways to heal and grow. They have used their writing to process their trauma, to make sense of their experiences, and to connect with others who have been through similar challenges.

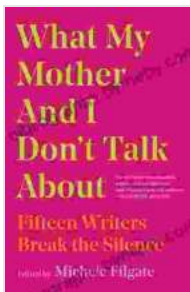
Fifteen Writers Break The Silence is a powerful testament to the power of storytelling. It is a book that will inspire you, challenge you, and ultimately leave you with a sense of hope. If you are a survivor of trauma or if you know someone who is, this book is a must-read.

The Writers

- **Sarah Berman** is a writer and editor whose work has appeared in *The New York Times*, *The Washington Post*, and *The Guardian*. She is the author of the memoir *Real Time: A Memoir of Love, Loss, and Survival*.
- **Dorianne Laux** is a poet and essayist whose work has won the National Book Award and the Pulitzer Prize. She is the author of seven books of poetry, including *Only As the Day Is Long* and *The Book of Men*.
- **Luis Alberto Urrea** is a novelist, essayist, and poet whose work has won the Pulitzer Prize and the National Book Award. He is the author of 10 books, including *The Hummingbird's Daughter* and *Into the Beautiful North*.
- **Susan Choi** is a novelist whose work has been shortlisted for the Pulitzer Prize and the National Book Award. She is the author of six novels, including *My Education* and *Trust Exercise*.

- **Terrance Hayes** is a poet whose work has won the National Book Award and the Pulitzer Prize. He is the author of five books of poetry, including *Wind in a Box* and *American Sonnets for My Father*.
- **Tracy K. Smith** is a poet, essayist, and translator whose work has won the Pulitzer Prize and the National Book Award. She is the author of five books of poetry, including *Life on Mars* and *Incantatory*.
- **Ocean Vuong** is a poet and novelist whose work has won the Whiting Award and the T.S. Eliot Prize. He is the author of two books of poetry, *Night Sky with Exit Wounds* and *On Earth We're Briefly Gorgeous*, and a novel, *On Earth We're Briefly Gorgeous*.
- **Carolyn Forché** is a poet and translator whose work has won the Pulitzer Prize and the National Book Award. She is the author of seven books of poetry, including *The Country Between Us* and *Blue Hour*.
- **Ada Limón** is a poet whose work has won the National Book Award. She is the author of five books of poetry, including *The Carrying* and *Bright Dead Things*.
- **Danez Smith** is a poet whose work has won the Cave Canem Poetry Prize and the Whiting Award. They are the author of three books of poetry, including *Don't Call Us Dead* and *Homie*.
- **Jenny Xie** is a poet whose work has won the Whiting Award and the National Book Award. She is the author of two books of poetry, *Eye Level* and *The Rupture Tense*.
- **Khadijah Queen** is a poet whose work has won the Cave Canem Poetry Prize and the Whiting Award. She is the author of two books of poetry, *Black Peculiar* and *Conjure*.

- **Jericho Brown** is a poet whose work has won the Pulitzer Prize and the National Book Award. He is the author of four books of poetry, including *The Tradition* and *The New Testament*.
- **Claudia Rankine** is a poet, essayist, and playwright whose work has won the National Book Critics Circle Award and the Pulitzer Prize. She is the author of five books, including *The End of the Alphabet* and *Citizen: An American Lyric*.
- **Maggie Nelson** is a writer whose work has won the National



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