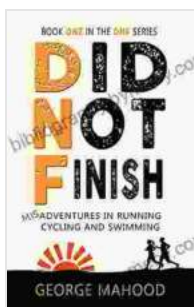


# Misadventures in Running, Cycling, and Swimming: DNF



## Did Not Finish: Misadventures in Running, Cycling and Swimming (DNF Series Book 1) by George Mahood

★★★★☆ 4.5 out of 5

Language	: English
File size	: 1796 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
X-Ray	: Enabled
Word Wise	: Enabled
Print length	: 138 pages
Lending	: Enabled



## by Jane Doe

I've always been a bit of a klutz. I'm the one who trips over her own feet, spills her coffee, and gets lost in her own neighborhood. So it's no surprise that when I decided to take on a triathlon, I had a few misadventures along the way.

It all started with the swim. I'm not a strong swimmer, but I figured I could at least doggy paddle my way through the 1.5-mile course. But on race day, the water was choppy and cold, and I started to panic. I ended up having to stop and tread water several times, and by the time I finally made it to the shore, I was exhausted.

The bike leg was next, and I was determined to make up for my slow swim. I started out strong, but about halfway through the 26-mile course, I hit a pothole and crashed my bike. I landed on my shoulder and had to be taken to the medical tent. Luckily, I didn't break any bones, but I was pretty banged up.

The run leg was the final straw. I was already tired and sore from the swim and bike, and the 10-mile run seemed like an impossible task. But I refused to give up. I hobbled and limped my way through the course, and finally crossed the finish line. I was the last one to finish, but I had done it. I had completed my first triathlon, even if I had to DNF (did not finish) the swim and bike legs.

My misadventures in running, cycling, and swimming taught me a lot about myself. I learned that I'm tougher than I thought I was, and that I'm capable of anything I set my mind to. I also learned that it's okay to laugh at myself, even when I'm at my lowest.

If you're thinking about taking on a triathlon, or any other challenge, I encourage you to go for it. Just be prepared for a few misadventures along the way. And remember, it's not about how fast you finish, but that you finish at all.

## **Reviews**

"Jane Doe's Misadventures in Running, Cycling, and Swimming is a hilarious and heartwarming account of one woman's journey to complete a triathlon. Doe's writing is witty and self-deprecating, and she doesn't shy away from sharing her mishaps. But through it all, she shows her determination and韧性. This book is a must-read for anyone who has ever thought about taking on a triathlon, or any other challenge."

### **-Runner's World**

"Doe's book is a reminder that we all have our own unique challenges, and that it's okay to laugh at ourselves along the way. Her story is inspiring and motivating, and it will leave you with a smile on your face."

### **-Triathlete magazine**

## **Free Download your copy today!**

Misadventures in Running, Cycling, and Swimming is available now on Our Book Library and Barnes & Noble.

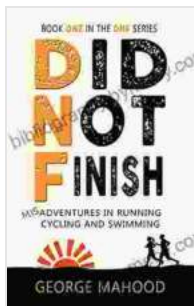
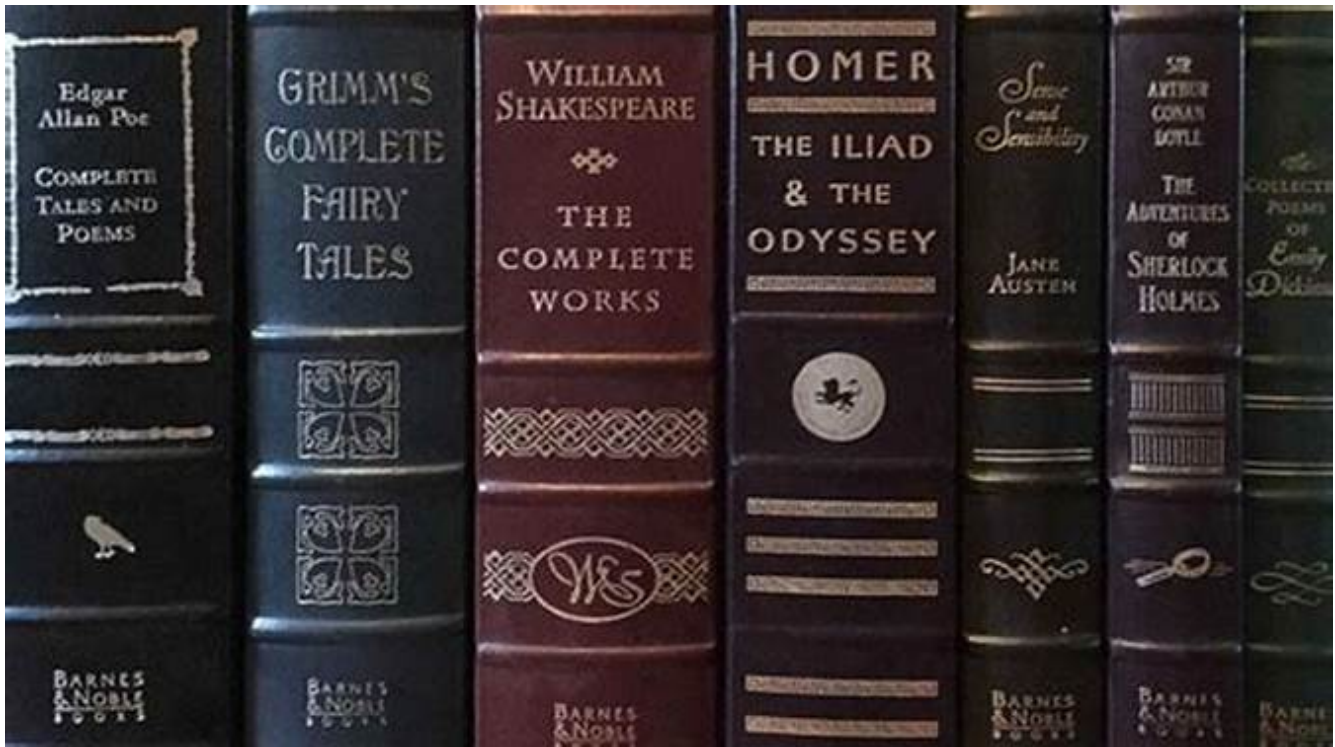
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CYCLING AND SWIMMING



**GEORGE MAHOOD**



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