

Mountains According to Geraint Thomas: A Cyclist's Guide to the World's Greatest Climbs

By Geraint Thomas



Mountains According to G by Geraint Thomas

★★★★☆ 4.6 out of 5

Language : English
File size : 5865 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 186 pages



Geraint Thomas, the 2018 Tour de France winner, knows a thing or two about climbing mountains. In his new book, *Mountains According to Geraint Thomas*, he shares his insights on the world's greatest mountain climbs. From the iconic Alpe d'Huez to the lesser-known but equally challenging Col du Tourmalet, Geraint provides detailed descriptions of each climb, along with tips on how to conquer them.

Whether you're a seasoned cyclist or just dreaming of one day taking on these legendary ascents, *Mountains According to Geraint Thomas* is the perfect guide. Geraint's writing is both informative and engaging, and his passion for cycling is evident on every page.

In addition to the detailed descriptions of each climb, Geraint also provides tips on training for mountain climbing, nutrition, and mental preparation. He also includes a number of stunning photographs of the climbs, which will inspire you to get out there and ride.

If you're looking for a book that will help you take your cycling to the next level, then Mountains According to Geraint Thomas is the perfect choice. Geraint's insights and tips will help you conquer any mountain climb.

Here's a sneak peek at some of the climbs featured in the book:

- Alpe d'Huez
- Col du Tourmalet
- Mont Ventoux
- Stelvio Pass
- Passo Gavia
- Col de la Madeleine
- Col du Glandon
- Col de l'Iseran
- Col du Galibier
- Col du Lautaret

These are just a few of the many climbs that Geraint covers in his book. With its detailed descriptions, tips, and stunning photography, Mountains According to Geraint Thomas is the ultimate guide to the world's greatest mountain climbs.

Free Download your copy today!

Mountains According to Geraint Thomas is available now from all major booksellers. Free Download your copy today and start planning your next cycling adventure.



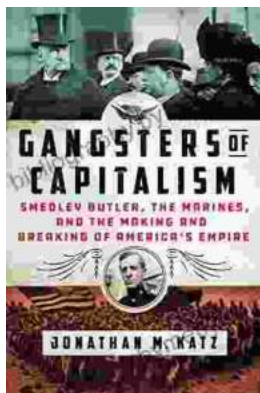
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