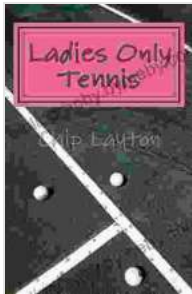


Tennis For Women: The Tennis Trilogy - Improve Your Game Today!



Ladies Only Tennis: Tennis for Women (The Tennis Trilogy Book 2) by Gillian Price

★★★★☆ 4.5 out of 5

Language : English
File size : 626 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 150 pages
Lending : Enabled



By Judy Murray



Are you a woman who loves tennis? Do you want to improve your game and take it to the next level? Then *Tennis For Women: The Tennis Trilogy* is the perfect resource for you.

Written by renowned tennis coach and author, Judy Murray, this three-book series covers everything you need to know about tennis, from the basics to advanced techniques. With over 1,000 pages of expert advice and

illustrations, this trilogy is a must-have for any woman who wants to take her tennis game to the next level.

Book 1: The Basics

In Book 1, you'll learn the basics of tennis, including:

- How to hold the racquet
- How to serve
- How to volley
- How to hit groundstrokes
- How to play doubles

Book 2: Intermediate Techniques

In Book 2, you'll learn more advanced techniques, including:

- How to hit topspin
- How to hit slice
- How to hit lobs
- How to hit drop shots
- How to play on different surfaces

Book 3: Advanced Techniques

In Book 3, you'll learn the most advanced techniques, including:

- How to play in windy conditions

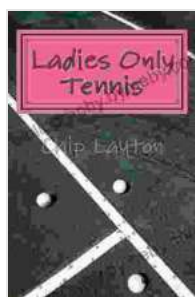
- How to play in wet conditions
- How to play against different opponents
- How to develop a winning mindset
- How to stay healthy and injury-free

Whether you're a beginner or an experienced player, Tennis For Women: The Tennis Trilogy has something for you. With Judy Murray's expert guidance, you'll be able to improve your game and take it to the next level.

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Tennis For Women: The Tennis Trilogy is available now in paperback and ebook formats. Free Download your copy today and start improving your game!

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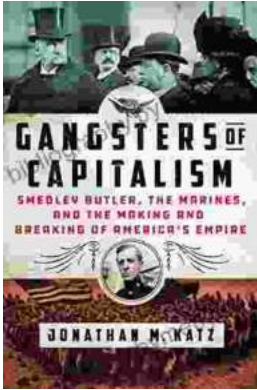


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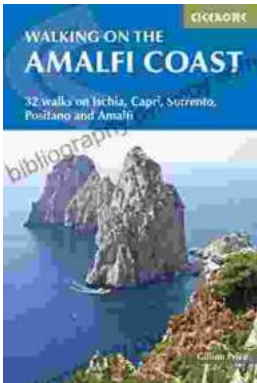
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