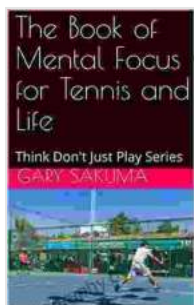


Think Don't Just Play: Simple Tennis Mastery

Are you tired of struggling on the tennis court? Do you want to finally learn the secrets to effortless tennis mastery? Then Think Don't Just Play: Simple Tennis is the book for you.



The Book of Mental Focus for Tennis and Life: Think Don't Just Play Series (Simple Tennis 2) by Gary Sakuma

★★★★★ 5 out of 5

Language	: English
File size	: 5382 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 110 pages
Lending	: Enabled



This comprehensive guidebook provides a step-by-step approach to improving your game, from footwork and ball control to strategy and mental toughness. With over 300 pages of expert instruction and hundreds of illustrations, Think Don't Just Play is the ultimate resource for tennis players of all levels.

What You'll Learn in Think Don't Just Play

- The proper way to grip the racket
- How to develop a powerful forehand and backhand

- The footwork patterns for every shot
- How to control the ball and hit with accuracy
- The strategies for playing singles and doubles
- The mental game of tennis and how to stay focused under pressure

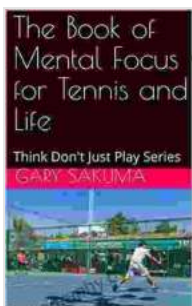
Think Don't Just Play is more than just a tennis instruction manual. It's a complete guide to the physical, mental, and emotional aspects of the game. With this book, you'll learn everything you need to know to take your tennis game to the next level.

Why Think Don't Just Play is the Book for You

- It's written by a certified tennis instructor with over 20 years of experience.
- It's packed with over 300 pages of expert instruction and hundreds of illustrations.
- It's a step-by-step guide that's easy to follow, even for beginners.
- It's a complete guide to the physical, mental, and emotional aspects of the game.
- It's the ultimate resource for tennis players of all levels.

If you're serious about improving your tennis game, then Think Don't Just Play is the book for you. Free Download your copy today and start your journey to tennis mastery!

THE BEST WAY TO TRICK
A FOOL IS TO LET
THE FOOL THINK THAT
HE IS TRICKING YOU.
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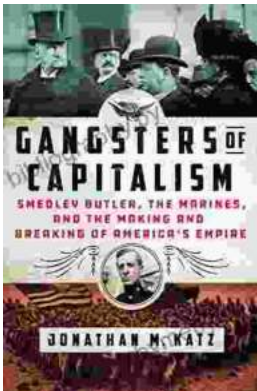


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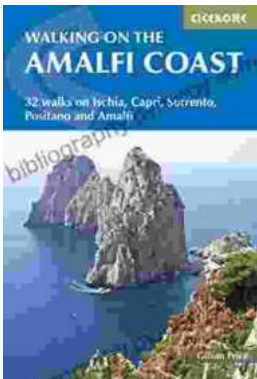
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